

# K'STAR Youth and Family Counseling Centers

## Free Family Counseling

We Provide Free Counseling for Children and Parents.

We are here to help in your time of need.

Call us today!

COUNSELING (830) 896-5404 www.kstar.org

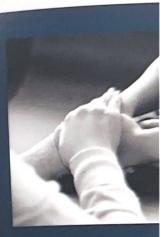


K'STAR helps families deal with everyday struggles.
Our goal is to give families the tools to overcome
everyday challenges in a healthy way. We have one-onone coaching or counseling with a trained professional,
as well as group learning for youth and parents.

K'STAR serves

K'STAR provides short-term help to create long-term solutions for children and families. Our counseling services are curriculum-based interventions such as parenting classes, anger management sessions, and teaching coping skills to help with anxiety, depression, school difficulties, and many other areas of need. Our counselors know how to work with parents in different situations and can help find the best way to help your family.





#### Other areas w help with

- Family conflict
- Cyberbullying
- · Bullying at sch
- Grief
- Anger
- School attend
- Coping with d
- Issues of inde
- Online safety



#### Who do we serve?

K'STAR serves families with children who are 0-17 years of age



### Other areas we can help with

- Family conflict
- Eyberbullying
  Bullying at school
  Brief
  Inger
  Chool attendance
  Oping with divorce
  ssues of independence
  Online safety

#### Yes! Our services are FREE.

The State of Texas provides funding to K'STAR, Inc. so that we can offer services and support to families in our communities FREE of charge.

Help is con-

We Proudly Serve:

Bandera Co.

Blanco Co.

Burnet Co.

Edwards Co.

Gillespie Co.

Kendall Co.

Kimble Co.

Kerr Co.

Llano Co.

Mason Co.

Menard Co.

Medina Co.

Real Co.

Uvalde Co.



K'STAR ...Where healing begins.

CRISIS HOTLINE (855) 327-8004

Suspected Abuse? Call (800) 252-5400

K'STAR, INC. P.O. Box 290962 Kerrville, TX 78029 (830) 896-5404 (830) 895-0670 fax Find us on Facebook and Instagram



EIN 74-2659161