



***K'STAR Youth and Family
Counseling Centers***

***Free Family
Counseling***

*We Provide Free Counseling for
Children and Parents.*

We are here to help in your time of need.

Call us today!

COUNSELING (830) 896-5404

www.kstar.org



About Us

K'STAR helps families deal with everyday struggles. Our goal is to give families the tools to overcome everyday challenges in a healthy way. We have one-on-one coaching or counseling with a trained professional, as well as group learning for youth and parents.

K'STAR serves f

K'STAR provides short-term help to create long-term solutions for children and families. Our counseling services are curriculum-based interventions such as parenting classes, anger management sessions, and teaching coping skills to help with anxiety, depression, school difficulties, and many other areas of need. Our counselors know how to work with parents in different situations and can help find the best way to help your family.



Other areas we help with

- Family conflict
- Cyberbullying
- Bullying at school
- Grief
- Anger
- School attendance
- Coping with divorce
- Issues of independence
- Online safety



Who do we serve?

K'STAR serves families with children who are 0-17 years of age



Other areas we can help with

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- Cyberbullying
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- Online safety

Yes!
Our services are
FREE.

The State of Texas provides funding to K'STAR, Inc. so that we can offer services and support to families in our communities **FREE of charge.**

Help is confidential

We Proudly Serve!

**Bandera Co.
Blanco Co.
Burnet Co.
Edwards Co.
Gillespie Co.
Kendall Co.
Kimble Co.
Kerr Co.
Llano Co.
Mason Co.
Menard Co.
Medina Co.
Real Co.
Uvalde Co.**



K'STAR

...Where healing begins.

**CRISIS HOTLINE
(855) 327-8004**

Suspected Abuse? Call (800) 252-5400

**K'STAR, INC.
P.O. Box 290962
Kerrville, TX 78029
(830) 896-5404
(830) 895-0670 fax**

*Find us on Facebook
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EIN 74-2659161